The Breast Health Practice
GenesisCare, Milton Keynes
Swift, reassuring, professional.

breasthealthmk.co.uk
Introducing The Breast Health Practice

If you are concerned about a breast problem it can be a worrying time. However, we can offer without delay an appointment for you at our one stop clinic.

There are several reasons why you might visit The Breast Health Practice. It could be because you have noticed a change or lump in the breast and you want the reassurance of a fast and efficient diagnosis.

It could be because there’s a family history of breast cancer and you’d like to discuss the risk and the benefits of screening.

Sometimes it’s because further investigations following a routine mammogram are required, or simply because you wish to have a mammogram in a private setting.

Whatever the reason, it’s important that you find out if anything is wrong as quickly as possible – even if it’s simply for peace of mind.

The Breast Health Practice has been established to give you answers – swiftly and confidently. It has been tailored around your lifestyle and needs; and is supported by a team of breast specialists using state of the art diagnostic technology.
Three quick steps

Step 1

→ Make an appointment

If you have any concerns about your breasts, simply contact us on 01908 467700. A GP referral may not be necessary, just give the team a call and we’ll give you all the information you require.

Step 2

→ Visit The Breast Health Practice

You’ll be seen by a consultant breast surgeon and a specialist nurse will be present. Your consultant will assess your concerns, undertake a medical history and breast examination as well as any appropriate diagnostic investigations, should they be required.

Step 3

→ Receive your results

In many cases, after this one visit, you’ll receive your results and your peace of mind will be restored. Should you need to wait for biopsy results, we will ensure you know the outcome as soon as possible.
Prompt appointments - generally within one to two working days.

A full range of diagnostic techniques are available, which include:

- **Digital mammogram**
  Digital mammograms produce better quality pictures and a lower x-ray dose than analogue mammograms and are better at finding abnormalities in younger women and those who have denser breast tissue.

- **Breast ultrasound**
  This is a painless procedure which uses high frequency sound waves to build up a picture of the breast.

- **Fine needle aspiration**
  Fine needle aspirations are used to take a sample of cells for analysis. This is a quick and simple procedure which may sometimes be carried out with ultrasound guidance.

- **Core biopsy**
  This is the most common type of biopsy. A needle is used to take a small piece of tissue for analysis. Often some local anaesthetic will be used to numb the area before the biopsy is taken.
→ **Fast results** - the team aims to carry out all the investigations needed at your first appointment, with biopsy results reported back within a few days.

→ **An experienced and supportive team** - our multi-disciplinary team of breast specialists and support staff ensure you receive the best possible care and treatment.

→ **Consultant-led care** - our consultants are respected, trusted and experienced in their field. You can be rest assured that you’ll be treated by the same specialist breast consultant throughout diagnosis and treatment, if it is required.

→ **Bespoke treatment and personalised care** - an effective treatment plan for you will be discussed with a multi-disciplinary team. Tailored around you and your specific needs, there is a wide range of contemporary treatment options available to you. We’ll also ensure that you are actively involved in any decisions about your care.
Booking an appointment

If you have any concerns about your breasts, simply contact a member of our team who will be happy to guide you through the booking process.

You can contact us by phone 01908 467700 or by email breasthealthmk@genesiscare.co.uk to arrange an appointment with one of our consultants.

We are recognised by most leading private medical insurance providers, but you can also opt to pay for your own consultations, tests or treatment.

If you’d like more information or prices, simply contact us on the number provided and we’ll guide you through every step of the process.

GenesisCare, Milton Keynes also offers the following services:

• The Gynae Health Practice
• Ovarian cancer testing
• Diagnostic imaging including CT, ultrasound and x-ray
• The Haematology (blood) Practice
• The Urology Health Practice

Please contact us to find out more information. All enquiries are dealt with in the strictest confidence.
Your initial consultation, tests and any subsequent treatment plan, will be led by one of our consultant surgeons who are all experts in breast conditions. If you have any concerns about your breasts, we can offer without delay an appointment with one of the following consultants:

Mr Kian Chin

Mr Kian Chin qualified from Bristol University in 1992 and completed his pre-registration training in SW England. He was appointed a Consultant Breast Oncoplastic and General Surgeon at Milton Keynes General Hospital NHS Foundation Trust in June 2007. He is the Lead Breast Cancer Reconstructive Surgeon at Milton Keynes Hospital.

His interest in general surgery followed after training in cardiothoracic, orthopaedic, urology and vascular surgery; and he became a Specialist Surgical Registrar in the Oxfordshire Training Deanery in 2001 and has worked at various hospitals, including Oxford, Northampton and Stoke Mandeville.

Mr Chin developed a subspecialty interest in breast surgery after researching in breast cancer molecular biology and neoangiogenesis at the Imperial Cancer Research Fund Laboratory in Oxford.

In 2005, he was awarded the National Breast Oncoplastic Fellowship funded centrally by the UK Department of Health to pursue experience in reconstructive surgery for breast cancer patients at the Royal Haslar Hospital in Gosport, part of Portsmouth University Hospitals NHS Trust.
Mr Jonathan Dawson

Mr Jonathan Dawson qualified as a doctor in 1982. Since that time his postgraduate training has been in colorectal and breast surgery.

He was a lecturer at University College London for eight years, during which time he undertook research in the treatment of colorectal and breast cancer, publishing and presenting work on laparoscopic and hernia surgery, colorectal and breast cancer and photodynamic therapy.

He was awarded the Blackwell prize and shortlisted for the Moyihon prize (Association of Surgeons Great Britain and Ireland), a travelling Fellowship by the Royal Society of Medicine; and spent fellowships in Hong Kong and Cleveland Clinic USA.

In 1996 he was appointed Consultant Surgeon at Northampton General Hospital to undertake colorectal and breast surgery. He was Lead Surgeon for the Breast Unit, 2000-2005, during which time techniques in sentinel node biopsy, Mammatome excision and symptomatic ultrasound of the breast by surgeons in the clinic were introduced.

Mr Hamed Khan

Mr Khan graduated in Medicine in 1996 from Guys Hospital Medical School, University of London; and gained a Bachelors Degree in Neurosciences in 1993. He completed his Junior Surgical Training in various surgical disciplines such as orthopaedics, urology and general surgery.

His interest in breast surgery continued as he completed a two year Doctorate degree at the Professorial Unit of Surgery at Nottingham University; and undertook research in very early stage breast cancer detection.

He continued to higher surgical training as a Surgical Specialist Registrar in general surgery eventually, subspecialising in breast and reconstructive surgery.

During his appointment as Consultant Breast and General Surgeon at University Hospitals Coventry and Warwickshire he underwent a year-long Oncoplastic Mentorship with the Plastics Department.

He has performed numerous standard breast procedures and complex implant and pedicled reconstructions, published papers on breast cancer related studies; and has delivered presentations internationally about his research.

Since October 2015 Mr Khan has been a Consultant Oncoplastic Breast Surgeon at Northampton Hospital, practicing patient led care in his specialist area.
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